

VOLUNTEER CENTER

Contact Amber at 270-735-1407 or
alyvers@feedingamericakv.org
to schedule a group or for more information
about volunteering.



FOOD FOR THOUGHT

FALL 2018

We are continually amazed by our volunteers!

We could not serve the 42 counties of Kentucky's Heartland without the community support that we receive. We greatly appreciate each and every person who takes the time to help serve our neighbors in need. From the individuals and family units that come to the Volunteer Center on a walk-in basis, to our scheduled groups who come from all over the area, or those who contribute their time at their local food distributions, **we thank you!**



Hodgenville Elementary - LaRue County



Holy Trinity Church - Warren County



Campbellsville University
Honors Program - Taylor County



The Greeks of Fort Knox - Hardin County

When the Unexpected Happens

It is not unusual to find Buck McCawley lending a helping hand to his fellow community members. Whether he is helping to fix something, delivering newsletters to his neighborhood, or volunteering monthly at the Housing Authority of Glasgow's HERO Center for commodity distribution, he has never met a stranger he couldn't talk to. He is always willing to lend a helping hand. "I like to help people because everybody needs help sometimes. That is the way I have always been. Even I need help. It makes you feel good when people know that there is someone out there who cares about them," said Buck.



Buck M. - Barren County

Growing up, Buck knew he wanted to have a good job, family, friends, and stability. He envisioned one day having a home of his own. He wasn't afraid of hard work to get what he wanted. Buck stated, "I've been working since long before I was old enough to work." He spent many years working as a truck driver hauling feed, furniture, and other items. He even worked as a concrete laborer.

27 years ago, Buck, now 65, met his wife Marie, now 59. He knew she was the one to share his hopes and dreams with. Both had children from previous relationships and raising a family

of nine wasn't always easy, but they made it work. "I had my own house and that was a good feeling." However, after a serious car accident, Buck found himself unemployed and unable to work.

As a result, not only did he lose his home, truck, and trailer, but his means to support himself and his family. "After 11 years in my own home, Marie and I found ourselves in government assisted housing. We just couldn't pay the bills," said Buck as he reflected on that time.

Buck stated, "We have been getting food assistance for about 4½ years now. We get both the elderly box program and the USDA (bag) program. Sometimes we even get fresh produce from mobile pantries. This food helps out because sometimes we run out of food. Without this help, Marie and I wouldn't be able to make it month to month. Living on a fixed income and a small amount of food stamps makes it hard to take care of all your needs. You really have to stretch your dollars."

Buck described how he thinks such programs help a lot of people, and that he is glad that there is help for people who need it. "Thank you Feeding America, Kentucky's Heartland for helping my family."



Gary Miles

From the Desk of the Executive Director

It is with great satisfaction, as well as some sadness, that I have announced my retirement as the Feeding America, Kentucky's Heartland Executive Director, effective December 31, 2018. I've had a great 20 year run, mostly as ED, during a period that FAKH has achieved lots of amazing things. My wife and I look forward to the next phase of our lives which will mean spending more time with our grandkids, significant travel, more golf and fishing, and hopefully becoming even more active as community volunteers. God willing, we hope retirement will be as satisfying and fulfilling as our 40 plus year working lives have been.

It's been a true honor to be part of so much good that has happened at FAKH over the past 20 years. The organization has added new facilities, implemented numerous new programs, and managed the accompanying rapid growth during that time. As I look back though, there is no doubt that the thing that satisfies me the most is the hundreds of thousands of Kentuckians who have had food on their tables because of what we, including staff, volunteers, supporters, and our partner agencies do on a daily basis. I have slept well each night knowing that!

Finally, all that we've accomplished over the past 20 years certainly would not have been possible without the generous and unwavering support of each of you receiving this newsletter. You can be proud to say that you are one of several thousand volunteers and/or financial supporters who have helped make it all possible. Without you, we definitely could not achieve this great mission. Farewell, and in whatever capacity you serve, please keep up God's great work!

SAVE THE DATES

You can be part of the global giving movement known as Giving Tuesday while putting your money to work locally in Kentucky by donating at our website:

www.feedingamericaky.org

Black Friday. Cyber Monday.

#GIVINGTUESDAY™

November 27, 2018

Hunger Free KY Day Frankfort, KY February 19-20, 2019

Your voice is powerful! Take action and voice your concern on issues that affect Kentucky's most vulnerable populations.

Join us and a bipartisan group of state officials in Frankfort to advocate for our less fortunate neighbors at the 6th Annual Rally Against Hunger!

THANK YOU!

We know there are a lot of organizations that need your support. We are honored that you share some of your resources with us! **Because of what you do**, we are able to make a difference in the lives of thousands of our neighbors in need in towns and cities across central, south central, and western Kentucky - people just like Buck (from our cover story) and his family. They benefit from your generosity! **Together**, you and Feeding America, Kentucky's Heartland will continue delivering hope to struggling children, seniors, and families **all year long**.

Do your little bit of good where you are. It's those little bits of good put together that overwhelm the world.

-Desmond Tutu



Recurring Donations Make a Big Difference!

Why recurring donations are valuable to FAKH

- They are a reliable, constant stream of funding.
- They are cost effective - automatic donations are processed more efficiently. You will also receive fewer mailings which provides further cost savings for FAKH.
- They make a difference. Cost savings allow us to provide thousands of additional meals to our neighbors in need.

Why recurring donations are beneficial to YOU the donor:

- They are convenient - Once set up, there is no need to worry about forgetting to send your donation.
- They are easy - You choose the dollar amount.
- They are flexible and secure - You can increase, decrease, pause, or stop your donation at any time.
- They are practical - It is often easier to give smaller, regular gifts than to plan for one (or a few) larger gifts.
- They are rewarding! You'll know you are an integral part of helping our mission 365 days a year!

The easiest ways to set up a recurring donation:

- Click on the 'Donate Now' button at www.feedingamericaky.org to authorize a regular, recurring charge on your credit or debit card.
- Use your bank's Bill Pay feature to have a check sent directly to FAKH each month from your bank account.